



Making our Catholic faith alive in our hearts and in our homes

OCTOBER 2020

### The Catholic Church

### The Family

### The Parish

#### Journey with Your Guardian Angel



by Junno Aroch Esteves, Catholic News Service Oct 2, 2018

#### Guardian Angels Are Life's Traveling Companions, Pope says

VATICAN CITY — Christians have guardian angels to encourage and guide them, so they won't become sluggish on their journey in life, Pope Francis said. "So many people don't know how to walk or are afraid of taking a risk and they remain still," the pope said. "But we know the rule is that a person who is stationary ends up stagnating like water. When water is still, the mosquitos come, they lay eggs and ruin everything. The angel helps us, he pushes us to walk." Commemorating the day's feast of the Guardian Angels on October 2, the pope quoted from the Book of Exodus in which God promises the people of Israel that he is "sending an angel before you, to guard you on the way and bring you to the place I have prepared." He encouraged Christians to pray and speak to their guardian angel who "is not only with us but also sees God the father. The angel is the daily door toward transcendence, to the encounter with the Father," Pope Francis said. "The angel helps me walk along the path because he looks at the Father who knows the way. Let us not forget this traveling companion."

#### Inspiring October Catholic Saints

**Anne Stricherz** It may still be ordinary time, but the month of October is an extraordinary time in the Catholic Church. Not only is it Respect for Life Month, it is also the month of the Rosary—two traditions that reflect the beauty and distinctiveness of Catholic Christianity. And so do the lives of the Saints.

**October 3rd: St. Thérèse of Lisieux** St. Thérèse of Lisieux sought to do small acts of charity and kindness with great love. She is an outstanding example of someone who did something we are all called to do. A simple flower symbolizes her rich spirituality. She believed every soul is similar to a flower. Some souls are magnificent and grand like the rose and others are simple and pure like the small white lily of the valley.

**October 4th: Saint Francis of Assisi** What anyone who reads about St. Francis may be surprised to learn is just how tremendous was his love for Christ, for all of creation, for the poor and for life. His conversion, travels, preaching and writings are testimony of this love. His great ability to love and to be loved, as cited in the prayer of St. Francis, makes him, well, lovable.



#### A Family Prayer—“Give Us a Heart for God”



Father, thank you for each person in our family. Lord, you know our hearts. You know our strengths, our weaknesses and every tiny detail about us. God, we pray that You draw us closer to You. Show us who You are. Let us see our need for you, Lord. Capture our hearts and fill us with Your Spirit. Lord, I pray that we would seek You above all else. That as we wake up in the morning and go to sleep at night, You would be on our minds and hearts. That everywhere we go and in everything we do, we would see You. In Jesus' name, Amen.

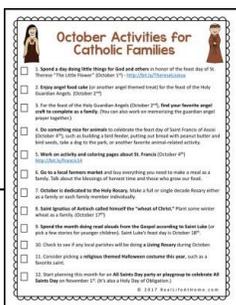
#### Celebrating Your Values on Halloween

LOYOLAPRESS.



- 1) Your kids can research their favorite saint or the saint they're named after. They could also dress up as their favorite saint for Halloween.
- 2) Tell your children that Halloween can be a festive day to kick off the celebration of All Saints Day. We ask the saints—our spiritual ancestors—to pray for us on our own journey to holiness.
- 3) At breakfast, recite a short litany of family members who have died and whom you remember in your prayers. After each name, have everyone say, "Pray for us."
- 4) Have fun! Make a special meal for dinner. Here's a quick idea for a healthy meal to offset the abundance of candy. Give each child a paper plate. Put out bowls of olives, cucumbers, radishes, raisins, dried apricots or cranberries, cheese sticks, and cold cuts. Have the kids make faces on their plates with the food. They can make scary faces or funny faces or both. Then everyone gets to eat what they created.

Great Faith-Filled Family Activities for October! [LINK BELOW](#)



<https://www.reallifeathome.com/wp-content/uploads/2017/09/October-Catholic-Activities-2017.pdf>

#### RCIA All Are Welcome!

The Rite of Christian Initiation for Adults

Please Contact Us Today!  
jamie.o'mara@dor.org  
OR 225-7320

#### The Sacrament of First Penance and Reconciliation

Preparation begins this month! All Adults & Children in their 2<sup>nd</sup> Year of Religion Invited to Begin!

(Please contact the Faith Formation Office to learn more.)

Very Enlightening 5-Minute

YouTube Video!—“Why do we confess our sins to a Priest?”  
<https://www.youtube.com/watch?v=Wz5-vu6A58E>

Thank you to the St. Lawrence parish catechists who have developed Religion videos to engage our 130 homeschool Faith Formation students, due to COVID-19.

- Daphne Hix
- Tyler Coughlin
- Terri Giraulo
- Maura Spencer
- Sydney Fisher
- Quentin & Carol Cropro
- Sydney Marron
- Sarah Marron
- Our Youth Minister!-- Donna Gray

All videos may be easily accessed on the parish website under the Faith Formation tab at the top of the homepage.