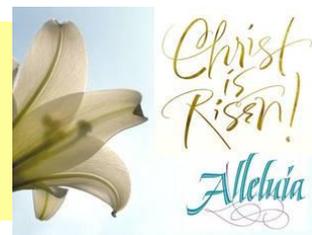


# St. Lawrence Faith Formation Newsletter

*Sharing Faith... Home to Home*



April 12, 2020  
EASTER SUNDAY

## THE EASTER PEOPLE

**"We are an Easter People and Alleluia is our song!"**

St. John Paul II "We do not pretend that life is all beauty. We are aware of darkness and sin, of poverty and pain. But we know Jesus has conquered sin and passed through his own pain to the glory of the Resurrection. And we live in the light of his Paschal Mystery – the mystery of his Death and Resurrection. "We are an Easter People and Alleluia is our song!" We are not looking for a shallow joy but rather a joy that comes from faith, that grows through unselfish love, that respects the "fundamental duty of love of neighbor, without which it would be unbecoming to speak of Joy." [John Paul II, Angelus 30 November 1986, Adelaide, Australia.](#)

## Cardinal Charles Bo's 2020 Easter Message

By Cardinal Charles Bo SDB, 3 April 2020

### Easter Message in the Age of Anxiety

Dear Friends in Christ,

Happy Easter! Let the hope of the Risen Lord continue to throw the light in our path. Say with



joy "Alleluia! Jesus is risen!" Resurrection is our faith; resurrection is our hope. More than any year we need more faith and hope in 2020. True – these are dark days – a huge, suffocating cloud of fear and anxiety engulfs the whole humanity. Hopes for the future, beliefs about God, and even faith itself are eclipsed. Yet we proclaim with joy "Alleluia! Jesus is risen!" COVID-19 is virtually the Way of the Cross for humanity. Thousands have been crucified to a cruel death by a viral organism that cannot be seen by eyes. Thousands have been walking an excruciating Way of the Cross in many countries. We pray that thousands afflicted and walking in their way of the Cross, be strengthened by the faith that the Cross ends in Resurrection. So, let us shout with joy – despite all challenges – We are at the dawn of a new consciousness, a radically fresh approach to our life as the human family in a fragile world. Social distance risks bringing social paranoia – fear of my brother and sister. Instead, we must insist that these measures arise from and lead to new forms of solidarity. "Alleluia! Jesus has risen!"

## 10 Guideposts for Christians in the time of the coronavirus pandemic

Archbishop Allen H. Vigneron

"We should be sure that 'social distancing' doesn't result in losing 'spiritual closeness,'" I offered "Guideposts" to help us think about our mission as joyful missionary disciples. [Download Guideposts](#)

## Bishop Matano Easter Liturgies via Livestream



April 11 at 7:00 PM

The Easter Vigil in the Holy Night

April 12 at 11:00 AM

Sunday of the Resurrection (Easter Sunday)

[youtube.com/catholiccourier](https://youtube.com/catholiccourier)

## POPE FRANCIS Offers This Spiritual



## Communion Prayer During Coronavirus Pandemic

*"My Jesus, I believe that You are present in the Most Holy Sacrament of the altar. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart ... I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen."*

## How to Make Empty Tomb Rolls— the Easiest Easter Treat!

[Resurrection Rolls Recipe with Easter Empty Tomb Lesson ...](#)

